

JUNE09

Livewire

partnershipcouncil



FOREST FEVER!



As we reported last month, our campaign to get the Forest Recreation Ground restored to its former glory has been given an amazing boost - thanks to the Heritage Lottery and Big Lottery.

They've awarded £3,198,000 to transform the Forest - giving local people a fantastic green space to use and enjoy!

See inside to find out more about how the Forest is being improved - together with some fascinating Forest facts and figures.



FOREST FEVER!



We've been leading the campaign to improve the Forest for over five years now - along with a group of volunteers called 'Friends of the Forest', Nottingham City Council and NDC.

As you'll have seen if you've visited the Forest lately, the Council have already installed a new outdoor gym, which is free to use. Plus a new children's playground is currently underway, due to open in June. Children from our Children's Forum helped to design the playground complete with a pirate ship!

WHAT ELSE IS BEING DONE?

Thanks to money from the Lottery, users of the Forest can also look forward to:

A new look central pavilion with improved changing facilities, community room & café

- **A GREENER, MORE ATTRACTIVE FOREST WITH LOTS MORE PLANTS AND FLOWERS**
- **A FIRST CLASS FOOTBALL PITCH AND CRICKET SQUARE**
- **A RENOVATED FOREST LODGE (REOPENED FOR COMMUNITY USE)**
- **IMPROVED LIGHTING AND PATHS**

We'll keep you up to date with the changes as they happen.

Until then why not step into summer by keeping fit at the Forest's new outdoor gym?

Alternatively, British Military Fitness are also running outdoor exercise classes on the Forest every Monday from 7pm.

The classes are suitable for beginners and the first class is absolutely free!



TO FIND OUT MORE VISIT
WWW.BRITMILFIT.COM

FOREST FACTS DID YOU KNOW?

- The name 'Forest' dates back to medieval times when the recreation ground was part of Sherwood Forest.
- The Forest is protected by the 1845 Inclosure Act, a government act which set aside 80 acres of Sherwood Forest for public recreational use.
- The 'Inclosure Oak', which commemorates this, still stands at the Mansfield Road entrance to the Forest.
- These walkways link various recreation areas, parks and open spaces preserved by the Inclosure Act.
- Nottingham Forest Football Club played their first games on the Forest - hence their name!
- The Forest Lodge was originally a Police or Keeper's Lodge and even includes a police cell!
- The Forest is home to all kinds of wildlife including elm, oak, rowan, silver birch, lime and horse chestnut trees.
- The Forest is also home to a number of birds such as the nuthatch, treecreeper, mistle thrush, tawny owl, song thrush, woodpecker and chaffinch; and insects like the holy blue and clouded yellow butterflies.
- The famous 19th century gardener and architect, Joseph Paxton, was responsible for the criss-cross style walkways that can be seen around Nottingham, including Waterloo Crescent and Waterloo Promenade.
- The Forest was also home to the racecourse, before it moved to Colwick.

GET WELL SOON...

Jim Taylor has been leading the Forest campaign on behalf of the Partnership Council for many years. Jim has been unwell lately and we wish him a very speedy recovery.

Thanks for all your hard work and enthusiasm Jim - get well soon!

BASE CAMP UPDATEUPDATEUPDATE

The Women's Group is supported by our Base Camp project. It has recently been awarded £4,280 worth of funding from NDC to run weekly sessions for women at the Bridge Centre, Gregory Boulevard, Hyson Green.

The sessions run from 1pm - 3.30pm and include ladies only exercise classes (50p), the chance to have a massage for just £2.00 and a free crèche. Entrance and refreshments cost 75p.

Rukhsana from Base Camp says:

"The Women's Group sessions are a great place for women to make new friends whilst getting practical advice on health issues for example - in a safe, relaxed environment."

**To find out more contact
Barbara Cotterill or Emma Lufkin
on 0115 883 8010**

SOUNDS ON THE DOWNS

If you're looking for a great family friendly festival this summer why not head for the University of Nottingham on the 11th June?

The Sounds on the Downs festival is a 'green' festival organised by students and it's open to everyone throughout Nottingham. Our Sprout project is helping to organise the festival - which will include a wide range of music, entertainment and activities for all ages. Together with information on environmental issues such as climate change and social justice campaigns.

The festival is powered by renewable sources of energy - including bicycle-powered generators built by Nico Shattock (with support from Sprout).

**To find out more please contact
Rachel on 0115 970 8200 or email
rachel@partnershipcouncil.co.uk**



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- SEPARATE WOMEN ONLY SESSIONS

How to book
In order that you won't be kept waiting too long, please book an appointment by
Phoning Abdul Rehman Syed 0115 9791052 or 075 3827 49 23

If you cannot commit to a specific time slot, you are welcome to call in, but may have to wait until there is a slot available. When booking an appointment, it would be useful if you could indicate which area you would like help in.

For more information about the session contact **Abdul Rehman Syed**

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