



SKILLS EXCHANGE

November News 2008

The clocks have gone back, nights are drawing in, but there's still lots going on with the Skills Exchange. Hibernation? – Pah!

New skills on offer



Andrew, who already offers cycle maintenance as one of his skills, has just added advice on buying bikes and accessories (lights, locks, panniers, and helmets). We reckon this would be very useful. You often end up paying top prices for gadgets you don't actually need. So if you require help of this kind, get in touch.

Teddies for Tragedies

Our knitting group has been working overtime and we now have 6 teddies. Four of them have been given to the Refugee Forum Women's Group and are, hopefully, being cuddled at this very moment!

If you want to get involved in the knitting group come along to the Stables at the Partnership Council on Monday 17th November 2008 at 2:00pm. Anna Beardsley, from Nottingham Arimathia Trust, will be coming along to collect a teddy to have at the new house they have just set up for Asylum Seekers.

Pot Luck Supper

Thanks to all who came and brought lovely food. We had vegetarian moussaka, pea and potato curry, sushi and lots more. Graham won the quiz and members were able to have a look at the books, CDs, and films on offer from our Book Swap.

There are some photos of the event on our blog, so if you've got access to a computer have a look: <http://skills2exchange.wordpress.com>

On the subject of food

Has anyone got any recipes out there that we could put in a Skills Exchange cookbook? We'd love to have them and we'll give you 1 Time Credit per recipe.



Earn yourself some Time Credits!

- Introduce a friend. If they join the Skills Exchange you get 3 Time Credits.
- Have a party at your house, invite interested friends, we will talk about the Skills Exchange and bring the refreshments. We will all have a nice sociable evening and you get to earn some Time Credits.

Our blog

<http://skills2exchange.wordpress.com> It's looking a lot better than it used to! We've now got lots of photos of exchanges and recent stories. Have a look, post a comment.

If you are involved in an exchange, take a photo and send it to us. We'll publish the story and give you 1 Time Credit. Brilliant!

Nottingham Arimathea Trust (NAT)



Our partnership with NAT just keeps getting better and that's thanks to the generosity of Skills Exchange members, both with their time, and, now, with unwanted household stuff.

We had a request from Anna for anything that would make their house more homely and, once again, our members have responded. Offers of chairs, tables, lamps, cushions, easy chairs, tables, and rugs came flooding in. Thank you to everyone who has offered something. If you didn't know about this and have something to donate please let us know.

Our Steering Group

The Steering Group is made up of members of the Skills Exchange. It's open to any member who would like to be involved in guiding the development of the Time Bank. We meet every 6 weeks here at the Partnership Council between 6-7:30pm on a Thursday. The Time Bank Worker gives a report on what's been happening and we discuss any issues that have come up, and plan for future events.

If you are interested in taking part please get in touch or turn up at the next meeting:

Thursday 4th December

6-7:30pm

The Stables, Partnership Council, 47 Gregory Boulevard, Hyson Green

The Newsletter

If you would like to send in an article, recipe, photo, poem.....anything for our December newsletter please let us have it by 24th November 2008. Thank you.

Bag of Rice



A bag of organic white risotto rice has been donated to us. Would anyone like to use it in a dish for one of our up and coming socials? If you are interested please get in touch.

Nottingham Playhouse

It's Panto Time

The next production we have cheap tickets for is the Pantomime – oh no it isn't, oh yes it is!!! It's Aladdin this year and the tickets cost £7.00 each, there's a choice of dates and times –

Friday 28th November at 7.30pm

Monday December 1st at 2.30pm

Tuesday 2nd and Wednesday 3rd December at 7.30pm

We can only get 25 tickets max, so let us know if you would like to go. First come, first served!

Events coming up

Date	Event
7 th November 2008	Breakfast morning 10:30 – 11.30am in the Stables at the Partnership Council
14 th November 2008	Healthy Housing Service visit to the Breakfast morning 10:30-11.30 in the Stables at the Partnership Council
17 th November 2008	Knitting Group 2 – 3:30pm. Knitting Teddies for Tragedies, in the Stables.
27 th November 2008	Partnership Council “Big Ten” Award Ceremony at the New Art Exchange. Times to follow.
4 th December 2008	Skills Exchange Steering Group. 6pm in the Stables at the Partnership Council
30 th December 2008	Skills Exchange Winter Social. In the Stables at the Partnership Council. Details to follow!

How to contact us

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