



SKILLS EXCHANGE

January Newsletter 2010

Happy New Year! Hope you all enjoyed the festive season. Welcome to our latest Newsletter, we are changing the regularity of Time Credit Statements and Newsletters to bi-monthly. In other words you will find out news and how many Time Credits you have every 2 months.

The next mailout will be in March. We have made this decision for two reasons, first cost, and secondly the time it takes writing, producing, and sending out a newsletter each month. We will still continue to send out regular emails. So....please make sure we have an up to date email address for you. You can obviously ask us for an update on your Time Credits at any time.

Thank you to everyone who took part in an Exchange last year, we now have over 3,200 hours swapped between individuals and organisations. In the last month members helped us with admin, envelope stuffing and card making. Individuals were helped with simple decorating, hairdressing, reflexology, sewing, shopping, and British Sign Language. Members also gave a huge number of hours helping with our Winter Social.

Our membership continues to grow, we now have 181 individual members. Welcome to Carla, Gitte, Anne and Robert who all joined in December.

SCRAPBOOKING WORKSHOP ON THE THEME OF THE "FAMILY"



Saturday 13th March 2010
1-4pm

At Our Offices

181 Alfreton Road

Our new member, Carla, is offering this workshop, come and find out how to turn your photos and memorabilia into works of art. There will be a charge of £3.00 for materials which will include glue, paper, embellishments, ribbon, everything needed to complete a page. Bring 3 photos along. Limited places, so let us know as soon as possible if you would like to come.

BREAKFAST MORNINGS

Every Friday 10:30 to 11:30 am



We still have our famous Breakfast Morning here at our offices on Alfreton Road. Time Credits can be earned making toast and tea. Donations of Breakfast stuff welcome.

A date for your diary:

**Half-Term School Holiday Breakfast Morning
At the Bridge Centre
49a Gregory Boulevard, Hyson Green NG7 5JA
FRIDAY 19TH FEBRUARY 10:30-11:30am**

Nottingham Playhouse

The next HotHouse tickets are for "Forever Young" Live music and dance routines make this a lively production about pantomime actors grown old in a nursing home! It is billed as "an hilarious show with a fantastic soundtrack". Hothouse nights are Thursday 11 February and Saturday 13th February 2010. Tickets are £6.00 each ticket. Please let Helen or Lesley know if you want tickets by Monday 25th January 2010.



PANTO AT THE VINE COMMUNITY CENTRE

Would you like to go to the Pantomime at the Vine Community Centre it's a production of "STAND UP CINDERS" with the nasty Bling Sisters, the Wickedest Step-mum, lovely Cinderella, Handsome Hood and the Measley Mice!! It's on Saturday 16th January 2010. Matinee 3:00pm and Evening 7:00pm. The tickets are free and if you want them please contact Jayne direct. Jayne can be reached on 9249700 or by email on jayne.thevine@tiscali.co.uk

SKILLS EXCHANGE STEERING GROUP

This could mean you!!!

Thursday 14th January 2010 6-7:30pm



Thursday 25th February 2010 6-7:30pm

181 Alfreton Road, Radford, NG7 3NW

We are looking for new people to join our Steering Group. The role of the Steering Group is to guide the development of the Skills Exchange, particularly

- ✓ To suggest strategies to increase the active membership of the Skills Exchange, ensuring that the Skills Exchange reflects the diversity of the area.
- ✓ To support the Skills Exchange workers, particularly with the promotion of the Skills Exchange.
- ✓ To contribute to the Newsletter.

Let us know if you would like to get involved.

EARN SOME TIME CREDITS

Could you be a gym companion for Ruth?

Help with household budgeting?

Do some painting and decorating?



Willow has donated:

1 pair black suede shoes, pointy toes, heel, size 9

1 pair brown sandals with heel, size 9

Let us know if you are interested in having a look at them.

CHILD CARE/BABYSITTING

We now have quite a few members with small children and we've been thinking of a way that you could help each other out when you need some time off. A big barrier is not knowing each other and each other's children. If you would like to get together so you could start to get to know each other let us know and we will arrange a meeting at a child-friendly venue.

Future Events

We aren't having our "resolutions" this year, but this doesn't mean we won't be organising lots of events throughout the year. Here are some things that are in the pipeline for the next 12 months.

- ❖ Breakfast Morning at the Bridge Centre Friday 19th February 10:30 am
- ❖ Scrapbooking Workshop, Saturday 13th March, 1-4pm (see article earlier)
- ❖ International themed food evening, with music
- ❖ Join up with Sherwood Rise Residents' Association for a quiz night at Bar Deux
- ❖ Big Lunch 2, Sunday 18th July. This project asks the nation to sit down to lunch with their neighbours. We had one last year, let's make it bigger and better this year. www.thebiglunch.com/the-big-lunch-2010.php
- ❖ Card making session

- ❖ Arty event in partnership with Lakeside Arts Centre
- ❖ Another coach trip
- ❖ A big clear up

We say this quite a lot but we are of the belief that too many cooks make a feast, so please don't hold back with offers of help. All our events would be better with more involvement from yourselves. Many of you have event organising skills, don't be shy, please come forward and come and help us tackle something off this list.

EXCITING OPPORTUNITY TO GET INVOLVED WITH A COMMUNITY TALENT SHOW!!!!

Our member, Antoinette, has asked for volunteers with production, directing, and/or organisational skills to be part of a team who will put on a show in the summer. The production will showcase local talent and aims to unite the communities of Sherwood, Carrington and Forest Fields. If you would like to be part of a lively, committed team please get in touch for more details. Initial planning meeting is scheduled for early February 2010.

Our Winter Social



Over 40 members came to our Winter Social at the Vine Community Centre on 11th December. Thank you to everyone who came along. We had a huge amount of food donated for the buffet

Nottingham Credit Union have moved

Our organisational members, NCU (city branch) have recently moved to new premises in the city centre:-

69 Maid Marion Way NG1 6AJ

Phone 8283121 for details of opening times

www.nottinghamcu.co.uk for information on their services.



Don't forget, if you want to join, they have agreed to waive their membership fee for Skills Exchange members.

How to contact us:

We are Helen Rigby (Time Bank Worker) and Lesley Davies (Time Bank Administrator) The Partnership Council, 181 Alfreton Road, Radford, Nottingham, NG7 3NW. Phone 0115 970 8200. Email: Helen@partnershipcouncil.co.uk
Lesley@partnershipcouncil.co.uk Blog: <http://skills2exchange.wordpress.com>



Nottingham
City Council

partnershipcouncil